

Linguaskill

Remote Candidate Checklist

Before Test Day

This checklist must be completed as you prepare for your Linguaskill test remotely.

You must follow the requirements in the [Linguaskill Terms and Conditions](#) and all the instructions in the [Linguaskill Remote: Candidate Instructions Booklet](#).

- ▶▶ Mark and review each item as you work through the checklist.
- ▶▶ Be sure to review all linked materials and instructions carefully.
- ▶▶ A successful testing experience starts with good preparation. Completing this checklist will help ensure you understand the requirements and are fully prepared for the Linguaskill test.

Step 1: Prepare your device

Secure Browser		Install the Secure Browser . You can also view this article on installation and updates.
Computer Software		Ensure your desktop or laptop meets all technical and hardware requirements , including a working webcam, microphone, headphones and laptop charger.
		You will need to close or disable any Input Method Editor (IME) software or keyboard-based translation software.
Equipment Check		Disconnect any software that changes, routes, or hides your internet connection or location, such as Virtual Private Networks (VPNs).
		Complete the Technical Check to verify your internet connection and system compatibility. Wired Ethernet is preferred; if using Wi-Fi ensure this is stable and meets requirements. Mobile phone hotspots are not permitted.
		Use this link to run a diagnostic check which confirms your setup is configured correctly, including your webcam. Note down the applications to disable, close, and uninstall, including AI-assistance applications.
		Ensure your webcam or device can be moved around the room to complete the required 360-degree environment check, which is one of the mandatory security checks.
		Ensure your laptop is fully charged.
		Any additional monitors or screens should be switched off, covered, or removed if possible.

Step 2: Prepare your test room

What you must do to prepare your test room:		Choose a suitable location for taking the Linguaskill test. Use a quiet, private, well-lit room with walls and a door. You are not allowed to take the test in a public space or in a vehicle.
		Close any doors. If external noise may cause disruption, close any windows.
		Sit at a desk or table with your computer or laptop placed on the surface (not on your lap, sofa, or low table).
		Inform others that you must not be disturbed during the test.
Ensure the following unauthorised items are not in the test room:		Check that your desk is tidy and free from clutter and has no unauthorised items. The list of permitted items can be found in the Linguaskill Instructions Booklet.
		Ensure no books, study materials or dictionaries or unnecessary personal belongings are on the desk.
		Check that there are no posters or other material with English writing visible.
360-degree Environment Check		Watches of any kind, including wristwatches, and all electronic devices, such as mobile phones*, smartwatches, cameras, earbuds/AirPods, and smart glasses, are not allowed in the test room. All items must be switched off and stored outside the test room. * If you experience technical difficulties during the test, you may use a mobile phone to contact your test centre. The phone must be kept outside the test room and only accessed when required. Once the issue has been resolved, it must be removed from the testing environment. Your test centre will notify us when you have had to contact them.
		Watch the video on conducting the 360-degree Environment Check and refer to this article and the Remote Candidate Instructions Booklet. This check is required as part of the pre-test check and demonstrates that your test environment complies with our test security requirements. Your result may be disqualified if the 360-degree environment check is not completed correctly.

Step 3: Prepare yourself and ensure you:

	Dress appropriately for the test.
	Have your photo ID that you registered for the test.
	Have written down your username, password and institutional ID
	Have written down the URL for the test to input manually into the Secure Browser: https://www.metritests.com/metrika/
	Have read all the information provided by your centre and know the date of the test, the start time and how to contact them in case of any issues.



CAMBRIDGE

Linguaskill

Remote Candidate Checklist

On
Test Day

The following information will help you prepare for your Linguaskill test remotely.

You must follow the requirements in the [Linguaskill Terms and Conditions](#) and all the instructions in the [Linguaskill Remote: Candidate Instructions Booklet](#).

- ▶▶ Review each item prior to your test.
- ▶▶ Be sure to review all linked materials and instructions carefully.

Test Security

Invigilation	Linguaskill Remote includes features that replace an in-person invigilator, using video and image data, audio, and event logs to monitor the test session.
Recording	Recording begins with the pre-test checks and continues throughout the test. Any suspicious behaviour, use of additional devices, or unauthorised items may be flagged for review and may cause delays to results release.
Monitoring	Ensure your face remains visible in the camera frame throughout the test session.
Breaks	You must remain at your desk throughout each module. Breaks of up to 15 minutes are permitted after a module. Before taking a break, you must close both the test and the secure browser. When ready to resume, you will be required to complete all pre-test checks again.

STARTING the test - Note the following reminders before your test begins:

Identity and 360-degree Environment Checks	Have your login details and photo ID ready.
	Open the Secure Browser and manually enter the Metrica URL: https://www.metritests.com/metrica/
	Login to the test platform before your scheduled start time. The test cannot be accessed before this time.
	Complete all identity and room checks, following the 360° Test Environment Check video tutorial.

DURING the test - You must not:

Have any items at your desk which are not allowed.
Wear watches of any kind, including wristwatches, and all electronic devices, such as mobile phones*, smartwatches, cameras, earbuds/AirPods, and smart glasses, as these are not allowed in the test room. * See note on page 1.
Attempt to move away from the test window, or use any other electronic devices, or access unauthorised material/websites.
Leave the test room except during a permitted break between modules.
Use offensive language.
Smoke, vape, eat or drink (except water) in your test room.
Talk or whisper aloud, except during the Speaking module.
Cover your mouth with either an object or your hand.
Look around the room as the reviewer could interpret any such behaviour as suspicious.
Use any keyboard shortcuts or switch applications during the test.
Failure to follow test rules could mean that your result is withheld.

If you experience technical issues:

Stay calm and note any error messages or take screenshots if possible.
If the test stops or crashes, then refresh or reload the screen.
Follow any on-screen instructions.
Pressing "F5" should return the test to the beginning of the question. If this does not help, click "CTRL" + "F5" to carry out a hard refresh, which clears the cache and any stored pages. The test should resume from the question you were completing.
If you are unable to continue with the test, shut down the Secure Browser and Metrica. Re-open the Secure Browser and log back into Metrica. Your previous answers should be stored, and you will return to the beginning of the question you were on.
If necessary, you may temporarily access your mobile phone to contact the test centre, provided it is kept outside the test room when not in use.

Final Reminders

- ▶▶ **Read and follow all test instructions carefully.**
- ▶▶ **A successful testing experience starts with good preparation. Completing this checklist will help ensure you understand the requirements and are fully prepared for the Linguaskill test.**

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